

Talent Your Collaborations

Talent your Collaborations fosters social intelligence and is designed to develop group dynamics that unlock the full potential and generates dialogue for innovation of the community. Groups are often characterized by long-established patterns of behaviour and communication that prevent new solutions from being found. Active and non-judgmental listening and empathic self-management are the basis of a generative group communication.

In the first session, a snapshot of the situation is taken and a common goal is defined that wants to be achieved. Through an awareness based training, mindfulness practice and communication techniques, everyone learns how to integrate into the group according to the motivating intention.

Case Study

Talent your Collaborations is suitable for existing teams or new working groups to get established.

Challenge:

A conference on the topic of "sustainability research" was held at a European university over two days. The participants were renowned experts from various fields of research. The aim was a transdisciplinary cooperation to develop a joint programme as a model for other universities and secondary schools. The challenge was to bring together people from different origin and disciplines into a positive dialogue without their ego or their own public presentation getting in the way.

The way to the goal:

The first thing to do was to break the ice and create a safe space where everyone could present their opinions and ideas without having to worry about being condemned. We started by breaking up the classic conference framework and instead started the programme with various activities to get to know each other.

In this way, integration, cohesion and a positive group dynamic were immediately promoted. In addition, self-reflection, writing and meditation helped the participants to be centred and learn from possible differences with the other participants.

A further challenge was the several days of the event, which demanded concentration, patience and energy from the participants. Through physical attention and relaxation exercises, everyone learned to take breaks, to raise their energy level again and integrate the learning entirely.

Results:

The participants were able to overcome their initial distance in a short period of time and create an exuberant atmosphere away from their professional behavioural constraints. This made the conference a great success and led not only to excellent results but also to a sustainable cooperation of all participants that went beyond the conference framework.